

Rehabilitation Administration Special Commitment Center (SCC)

Program Overview for
Senate Human Services & Corrections
Work Session

2018

SCC Executive Leadership Staff

William Van Hook - Chief Executive Officer

Sjan Talbot - Deputy Chief Executive Officer

Tony Bowie - Director of Transition & Accountability

Dr. Elena Lopez - Chief of Resident Treatment

Current Operations

SCC operates 3 facilities:

- Total Confinement Facility (TCF)
 - Main facility
 - 223 residents
- Two Secure Transition Facilities (Step-Downs)
 - Pierce County (McNeil Island) - 15 residents
 - King County - 5 residents
- SCC employs a total of 350 staff

Transforming
Lives



Total Confinement Facility (TCF) **Transforming Lives**

McNeil Island

- Three program areas - a continuum of restrictiveness from higher to lower, based on behavior
- Housing units contain:
 - individual bedrooms
 - common area for recreational activities
 - small kitchens for lower management levels



Medical Services

- Medical coverage provided to all residents
- Services mirror those covered by the Apple Health Program (Medicaid)
- Basic needs covered by island medical staff 24/7/365
 - Physician
 - Psychiatrist
- Complex or specialized care – provided off island

Department of Resident Treatment

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- The SCC's evidence-based treatment program assists residents in addressing their sexual offending and stays apprised of best practices in the field through training, research review, and adherence to the Association of the Treatment of Sexual Abusers (ATSA) standards.

Treatment is...

- Individualized to meet each resident's treatment needs
- Focused on dynamic risk factors which are amenable to change
- Phase-Based Model/Stages of Change
- Delivered in weekly group treatment format
- Individual case management/therapy each month in addition to offered group treatment hours
- A choice and provides residents the opportunity to work toward a less restrictive alternative (LRA)

Currently 62% of residents in Total Confinement are participating in sex offender specific treatment

Department of Resident Treatment: Treatment Hours

On average maximum amount of treatment hours a resident could participate in:

- Special Needs 10.75 hours per week
- Regular Track 10-13 hours per week
- High Acuity 8 hours per day

Examples of Current Groups Offered in Our Program

Regular Track	Special Needs	High Acuity
<u>Core Sex Offender Group</u>	<u>Core Sex Offender Group</u>	<u>Core Sex Offender Group</u>
<u>Awareness and Preparation</u>	<u>Accommodated Transition</u>	<u>Healthy Boundaries and Communication</u>
<u>Powers to Change</u> <u>Counselor Assisted Self Help</u> <u>(CASH)</u>	<u>Reasons for Change</u>	<u>Aggression Replacement Training</u>
<u>Truthought</u>	<u>KABAM (knitting, art, music, brainnastics)</u>	<u>Safe Space</u>
<u>Health Management</u>	<u>Health Management</u>	<u>Activities of Daily Living</u>
<u>Forging Ahead</u>	<u>Bridging Transitions</u>	<u>Emotion Regulation</u>
<u>Bridging Transitions</u>	<u>Dialectical Behavior Therapy</u>	<u>In the Moment: Art through DBT</u>
<u>Brighter Futures Series</u>	<u>Brighter Futures Series</u>	<u>Element of Communication: Literacy</u>

New High Acuity Treatment Program - Fall 2017

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- Development and History-Disabilities Rights Washington (DRW)
- Population treated within High Acuity
- On-Unit, Milieu-based programming focuses on 4-5 module areas
- Treatment focuses on managing behaviors to eventually be more appropriate for adult family home type settings

Residential Operations

- Supports the day-to-day care of the residents
- Closely aligned with the Department of Resident Treatment
- Supports a treatment milieu
- Recreation Center
- Vocational activities

Safety and Security

- Security for all of SCC's facilities on McNeil Island
- Transport of residents off-island
- Emergency management and fire protection for all of SCC's facilities
- Ensure federal safety and L&I rule compliance

Forensic Services

- 7 full-time and 1 part-time PhD level forensic evaluators
- 6 contracted PhD level forensic evaluators available for use as needed
- 280 annual reviews each year
 - Report presented to counsel, the resident and the court
 - Each annual review is reviewed by SCC's Senior Clinical Team
 - Forensic evaluators regularly asked to testify in both depositions and at trial and requires significant preparation time.

Community Programs

- Secure Community Transition Facilities
 - Pierce County, McNeil Island
 - King County, South Seattle
- Community placements in less restrictive alternatives

Pierce County Secure Community Transition Facility – McNeil Island

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- 24-bed Secure Community Transition Facility (SCTF)
- Opened in 2003 – response to the federal injunction
 - as a step-down facility
 - Need options to help residents return to community
- Off island trips allowed - SCC staff escort at all times
 - Employment and education
 - sex offender treatment and medical care
 - shopping and some recreational activity



King County Secure Community Transition Facility

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- Six bed Secure Community Transition Facility (SCTF) in the SODO District
- Opened in 2006 pursuant to the federal injunction as a step-down facility
- Six individual bedrooms and a common area for cooking, eating and recreational activity.
- Travel allowed with escort
- Expansion plans - six additional bedrooms per original design



Community Placements

- 41 individuals in community placements (not operated by SCC)
 - Contracted treatment providers
 - Rental housing
- Location:
 - Most in Western Washington
 - A few individuals are in Eastern Washington in Spokane
- Average age of current residents - 55
- Increasing shift to releasing after age 60

SCC has received \$500,000.00 for pre-siting studies to develop SCTF's in Clark, Snohomish and in Eastern Washington

Residents Residing in Community Placement

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Placement	County	Total - 40
Tacoma Housing Group	Pierce	10
The Beltran Apartment Complexes	Pierce	7
Embassy Management, LLC (Aacres)	Pierce	7
The Mack House Ministries	Snohomish	5
Private Residence – Pierce County	Pierce	2
Pacific Village Apartment Complex	King	1
Over the Rainbow	King	1
Westsound Support Services -	Kitsap	1
The Lincoln House	Spokane	1
Private Resident-Lewis County	Lewis	1
Court Ordered, but awaiting bed availability		4

Civil Commitment Referrals Per County

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County	Residents in Total Confinement	Residents in Community Placements
King County	59	11
Pierce County	33	11
Snohomish County	26	6
Spokane County	15	1
Other Counties	103	12

Contracted Community Treatment Providers By County

County	Number
Thurston County	2
Snohomish County	2
Spokane County	1
King County	7
Pierce County	6

In 2017, 9 new Community Sex Offender Treatment Providers were interviewed by SCC. SCC executed 6 new contracts, with 2 currently in negotiation.

Community Resources Needed To Expand Outside of the Metro Area

- Developing appropriate community resources outside of the King/Pierce area.
 - Housing Options
 - Treatment Providers
 - Transportation
 - Education, Employment and Vocational Opportunities
 - SCC and DOC staff support
 - Access to Ancillary Services

Annual Independent Audits

- Review by Independent experts in civil commitment sex offender treatment programs
- Make recommendations for improvements in the program based on best practices
- Originally required under the terms of a federal injunction
 - Now codified in RCW and WAC

Island Challenges

- Operating a 24/7 facility on an island impacts everything we do
- Recruitment and retention
 - Commute to Steilacoom and parking lot on time
 - 20 minute ferry ride
 - 10 minute bus ride
 - Then clock in
- Being out of sight means being out of mind
- Aging island infrastructure – water, sewage, electrical, communication, dockage
- Potential for a catastrophic failure that would require SCC to move its population.

Any questions?

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